

## **2023-24 DAC Recommendations**

### **Mental Health/Behavior Recommendation #1**

The DAC recommends that the superintendent:

- By August 2024 - Initiate a task force with a representative set of stakeholders (to include the student services team) to gather community input around common life management/resiliency challenges for middle and high school students
- By December 2024 - Initiate a feasibility study of implementing a pilot program of life management/resiliency skills in middle school curriculum/classrooms

Based on the results of the feasibility study:

- If feasible, secure funding and implement a pilot program in the 2025-26 school the following school year in 1-2 schools
- If not feasible - share barriers that exist or other recommendations or ideas

Explanatory Note: The general description of life management skills recommended for review include but are not limited to:

- Healthy relationships with social media/impact of screen time
- Emotional self-regulation
- Stress management
- Effective dialogue/conflict resolution

### **Mental Health/Behavior Recommendation #2**

The DAC recommends staffing a Behavioral Resource Teacher (BRT) for every 500 students in all middle and high schools for the 2024-25 school year. If this cannot be implemented, the district would provide information to the DAC on why it is not feasible.